



PIERRE ELLIOTT TRUDEAU HIGH SCHOOL E-NEWSLETTER

January 15, 2021



Contact Us:

Ms. L. Wargo, Principal (校长),

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Ms. C. Civello, Vice Principal (副校长) –

Students with last name I - Q

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Ms. A. Syed, Vice Principal (副校长) –

Students with last name R-Z

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Mr. R. Zoratto, Vice Principal (副校长) –

Students with last name A - H

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To send a message to our School Council click here:

pierre.elliott.trudeau.hs@sc.yrdsb.ca

Follow us on (跟随我们) Twitter [@trudeauhs](https://twitter.com/trudeauhs) or
Instagram [@trudeauhs](https://www.instagram.com/trudeauhs)

Superintendent (校区监督)

Clelia Della-Rovere

clelia.della-rovere@yrdsb.ca

Trustee (受托人)

Ron Lynn

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Semester 1 Schedule

8:15 am - 10:45 am	Face2Face– Alternating days Cohorts A and B
10:45 am—12:15 pm	Travel time & Lunch
12:15 pm to 1:05 pm	Online Block 2
1:05 pm to 1:55 pm	Online Block 3
1:55 pm to 2:45 pm	Online Block 4

90 Bur Oak Avenue, Markham, Ontario, L6C 2E6

Telephone: 905.887.2216, Fax: 905.887.7783



WEEK OF: JANUARY 18, 2021

Monday, Jan., 18	Rotation 5 •All grades in Cohort A and B attend virtual classes
Tuesday, Jan., 19	Rotation 5 •All grades in Cohort A and B attend virtual classes
Wednesday, Jan., 20	Rotation 5 •All grades in Cohort A and B attend virtual classes
Thursday, Jan., 21	Rotation 5 •All grades in Cohort A and B attend virtual classes
Friday, Jan., 22	Rotation 5 •All grades in Cohort A and B attend virtual classes

LOOKING AHEAD:

Monday, Jan., 25	Rotation 5 •All grades in Cohort A and B attend virtual classes
Tuesday, Jan., 26	Rotation 5 •All grades in Cohort A and B attend virtual classes
Wednesday, Jan., 27	Rotation 5 •All grades in Cohort A and B attend virtual classes
Thursday, Jan., 28	Rotation 5 •All grades in Cohort A and B attend virtual classes
Friday, Jan., 29	Rotation 5 •All grades in Cohort A and B attend virtual classes

Rotation 8

The purpose of this letter is to share cohort and start date information regarding the eighth and final rotation of the semester, where block/period 4 is running in the morning.

*****At this time, classes will remain online until Wednesday, February 10 and both cohorts will be combined. Face2Face learning is scheduled to resume on Wednesday, February 10 .**

Please be reminded that cohorts were already created for block/period 4.

- You can identify your cohort using the two-digit number beside the course code. If the last two digits are between 01-49, you are in Cohort A. If the last two digits are between 51-99, you are in Cohort B. For example, ENG1D1-06 is Cohort A.
- Students should check Teach Assist to verify their cohort for block/period 4.

When students access TeachAssist they will see a chart similar to below:

The screenshot shows the 'Student Reports' interface. A table lists courses with columns for 'Course Name' and 'Date'. The first row is 'ENG1D1-06 : English Block: 1 - rm. 205' with a date range of '2020-09-08 ~ 2021-01-29'. A red line points from the '06' in the course code to a yellow callout box stating: 'This two digit number indicates the section and cohort. 01 ~ 49 is cohort A. 51 ~ 99 is cohort B'. Another red line points from the '1' in 'Block: 1' to a yellow callout box stating: 'The period/block'. A third red line points from 'rm. 205' to a yellow callout box stating: 'The room number of the course'.

Students in Cohort A for block/period 4 will begin face-to-face on Thursday, January 14, 2021 and attend on alternating days until Thursday, January 28, 2021.

Students in Cohort B for block/period 4 will begin face-to-face on Friday, January 15, 2021 and attend on alternating days until Friday, January 29, 2021.

The remaining courses, block/period 3, 1 and 2 respectively, will be online in the afternoon as per the schedule shown below:

	In School Face-to-Face	Lunch / Travel	Online	Online	Online
Time	8:15 am -10:45 am	10:45 am - 12:15 pm	12:15 pm -1:05 pm	1:05 pm - 1:55 pm	1:55 pm - 2:45 pm
Course	Block/Period 4		Block/Period 3	Block/Period 1	Block/Period 2

We look forward to seeing the students in their eighth face-to-face rotation. Note: Monday February 1, 2021 is a PA Day.

Semester 2 timetables are being finalized and will be communicated to you together with details regarding rotation dates, in the coming weeks.

Rotation Schedule

January

Monday	Tuesday	Wednesday	Thursday	Friday
				1 Winter Break
Rotation #4 4A 4	4B 5	4A 6	4B 7	4A 8
4B 11	4A 12	4B 13	Rotation #5 5A 14	5B 15
5A 18	5B 19	5A 20	5B 21	5A 22
5B 25	5A 26	5B 27	5A 28	5B 29

Semester 1 Rotation Dates based on a 4 Period Day (September 8, 2020 - January 31, 2020)

PETHS Semester 1	Rotation 1	Rotation 2	Rotation 4	Rotation 5	Rotation 1	Rotation 2	Rotation 4	Rotation 5
	Sept 10 - Sept 25	Sept 28 - Oct 9	Oct 13 - Oct 26	Oct 27 - Nov 9	Nov 10 - Nov 26	Nov 27 - Dec 14	Dec 15 - Jan 13	Jan 14 - Jan 29
8:15 - 10:45 Face to Face	Period 1 12 days	Period 2 10 days	Period 4 10 days	Period 5 10 days	Period 1 12 days	Period 2 12 days	Period 4 12 days	Period 5 12 days
10:45 - 12:15	common lunch break and transition to afternoon synchronous learning sessions							
12:15 - 1:05	Period 2	Period 1	Period 5	Period 4	Period 2	Period 1	Period 5	Period 4
1:05 - 1:55	Period 4	Period 4	Period 1	Period 1	Period 4	Period 4	Period 1	Period 1
1:55 - 2:45	Period 5	Period 5	Period 2	Period 2	Period 5	Period 5	Period 2	Period 2

Period 3 is a lunch and not scheduled

School News

Yearbooks

To all Grade 12 students and parents & guardians of the graduating class: the Yearbook committee wanted to remind this year's grads to submit their grad portraits, quotes, and pictures! Please follow the link for more information and specific links.

pethsgrads21.carrrd.co

Grad Portraits, Quotes, and Baby Pictures: January 8th @ 11:59PM

Grad Section Submissions: January 31st @ 11:59PM

Grad Polls: February 12th @ 11:59PM

If you have any questions or concerns, please feel free to through email at trudeauyrbk@gmail.com.



contact us

Have a great winter break and stay safe!

Yearbooks

What a Great Gift Idea!

For those of you who haven't yet purchased your yearbook for the 2020-2021 school year, you'll be glad to hear that school cash online has **RE-OPENED**.

Yearbooks are available now for purchase - don't miss this second chance!

Yearbook -- memories worth keeping...

York Region Public Health COVID questions
Health connection line at 1-800-361-5653

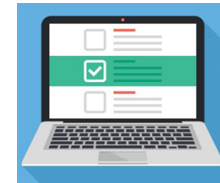


Student Reminders

Reminders!

- School doors will open at 8:00 am
- Students must wear a mask at all times
- If your child forgets their mask, we have some available in the main office
- Before your child leaves the house, ensure they perform a self health check (see below), if your child is not feeling well they will stay home

Thank you for helping to keep us all safe!



COVID-19 Self Screening Link

The Ministry has created a COVID-19 online self-check tool for students to screen themselves before coming to school – please go to this [link](#) to complete a COVID-19 school screening.

Important
Dates

PETHS School Council Dates - 2021

Thursday, February 18, 2021

Thursday April 22, 2021

Thursday, May 20, 2021

Student Mental Health and Addictions Newsletter

January 2021

YRDSB Mental Health services are provided by YRDSB psychology and social work personnel

Returning to Virtual Learning after the Winter Break

As a result of a provincially mandated lockdown due to rising COVID -19 cases across the province, we end the Winter Break with a return to virtual learning. Although this will present a challenge for some and disappointment for others, our focus will be on how to keep one another physically healthy and maintain social connections and mental health while distance learning. This month's edition of our Mental Health newsletter will focus on some suggestions of ways to stay socially connected during this continued time of physical distancing.

Each one of us is unique and may require different strategies to support our mental health. One size does not fit all. The following are some suggestions to help you think about what may help to support your own mental health and the mental health of your children.

Distance learning from home can have positive or negative impacts. One well-supported recommendation is to create a sense of **routine and structure** in the day (as much as possible). For example, try to make the morning routine the same each day, with breaks built in at predictable times.

Other suggestions include:

- Building in positive goals to **incorporate positive pursuits** such as learning something new (e.g. cooking, puzzles), showing gratitude (e.g. reach out to tell someone you care about them), and exercising (e.g. at home or going for a walk).
- [Dr. Shimi Kang](#), a mental health expert and clinical associate professor at the University of British Columbia, suggests that individuals determine 2-3 personal coping strategies that can act as their **own "go to" tools to cope with stress**. Writing this down and making note can make using them intentional. In addition, Dr. Kang reminds us that we should try **to limit our use of technology** where we can. Over dependence on technology/ screens can affect our mental health.
- Lastly, **identify someone you can purposely check in with on a regular basis**, not just during times of stress, but as a measure to maintain social connection. This practice can help maintain positive mental health.

[School Mental Health Ontario](#) has created a variety of resources for educators, parents and families, and students regarding supporting student mental health during this time.

Check out some more tips from School Mental Health Ontario on building [personal resiliency](#).

Mental Health COVID-19 Page

COVID-19 has presented unprecedented issues and concerns for our community, our country and the world. As we focus on keeping ourselves healthy and containing the spread of COVID-19, we must also keep ourselves mentally well.

The [Mental Health COVID-19 page](#) is dedicated to supporting student mental health during this pandemic. Resources for students, parents/guardians as well as community resources are listed. In addition, there are various links to YRDSB mental health supports as well as community supports available during the school closure. Please consider taking some time to familiarize yourself with these supports.

Continue to check out the [YRDSB website](#) for updated information as well as the Twitter account @YRDSB

Patricia Marra-Stapleton, M.Sc., C. Psych. Assoc. Mental Health Lead
patricia.marra-stapleton@yrdsb.ca

Ongoing Open Registration for 2020-2021 Adult ESL, LINC & LBS Programs


English as a Second Language (ESL); Language Instruction for New Comers (LINC); and Literacy and Basic Skills (LBS) Classes

YRDSB offers Adult English as a Second Language (ESL) programs for those who want to develop effective language skills in speaking, listening, reading, and writing for daily life in Canada. We also offer specialized classes in *Citizenship* and *Conversation*.

Adult ESL Program Registration – In person and online options available!

1. Email uplands@yrdsb.ca or call 905-731-9557 with the following information:
 - your first and last name
 - your telephone number
 - CLARS identification number (those without a CLARS number will require an assessment, please contact us for further assistance).
2. Our office will contact you if additional documentation is required.
3. Visitors to Canada may also register and attend for a fee of \$10 per day, per class.

For an assessment or to register, please call: 905-731-9557



Adult Classes offered
In Person and Online



Adult ESL, LINC and Literacy Basic Skills (LBS)
Classes

Improve your English, Gain Computer Skills,
Improve your Employability Skills,
and/or Upgrade your Academic Skills

Register Now!!!

For more information
call 905-731-9557
or
email uplands@yrdsb.ca

If you are interested in improving your digital skills, want to work on your resume or interview skills, or prepare to take your GED exam, our Literacy and Basic Skills (LBS) program is for you!

Literacy and Basic Skill Assessment – In person and online options available!

1. Email uplands@yrdsb.ca or call 905-731-9557 Ext. 307 with the following information:
 - your first and last name
 - your telephone number
 - tell us that you are “interested in the LBS program”

NOTE: Due to the high volume of inquiries, it may take a few days to receive a reply communication from our office. We appreciate your patience.

Thank you for your interest in our programs. We look forward to serving you.



FREE ENGLISH AS A SECOND LANGUAGE CLASSES FOR ADULTS



Adult English as a Second Language & Citizenship Classes
 Improve your listening, speaking, reading and writing skills
 Communicate with confidence in English

Sem 1: September 11, 2019-January 22, 2021

Sem 2: January 27, 2021-June 12, 2021

MARKHAM & UNIONVILLE	DAY	TIME
Milliken Gospel Church 8 Elson Street (East of McCowan, North of Steeles) L3S 2C4	Monday to Friday	9:00-12:00 pm
Unionville Alliance Church 4898 16th Avenue (North Side, Between Kennedy Road & McCowan) L3R 0K6	Monday to Friday	8:30-11:45 pm 12:45-4:00 pm
NEWMARKET & AURORA	DAY	TIME
Bethel Church 333 Davis Drive, (East of Yonge) L3Y 2N6	Monday to Friday	9:00-12:00 pm
RICHMOND HILL	DAY	TIME
Community Education Center Central 317 Centre St, Richmond Hill (West of Bayview, North of Major Mackenzie Dr) L4C1B3	Monday to Friday	9:00-12:00 pm
Richmond Hill United Church 10201 Yonge St (North of Major Mackenzie Drive) L4C 3B2	Monday to Friday	9:00-12:00 pm
STOUFFVILLE & GEORGINA	DAY	TIME
EastRidge Evangelical Missionary Church 12485 Tenth Line (North of Main Street) L4A 7X3	Monday to Friday	9:00-12:00 pm
THORNHILL	DAY	TIME
Uplands Community Learning Centre 8210 Yonge Street (South of Hwy #7, west side of Yonge Street) L4J 1W6	Monday to Friday	9:00-12:00 pm 12:30-3:30 pm
	Monday to Thursday	7:00-9:00 pm
DISTANCE LEARNING CLASSES /ON LINE CLASSES		
ALL CANADIAN LANGUAGE BENCHMARK LEVELS	Monday to Friday	9-12:00 pm
		12:30-3:30 pm
		9-2:30 pm
		4-7:00 pm
		6-9:00 pm
	Monday, Wednesday, Friday	12:30-3:30 pm
	Monday to Thursday	6:30-9:00 pm
	Saturday	9-12 pm

For more information

Call 905-731-9557 or 905-305-4122 or email Uplands@yrdsb.ca

2020-2021 年度

成人英语班 (ESL); 加拿大新移民语言课程 (LINC)及 基本技能进修计划(LBS)

持续开放报名

由安省政府资助，约克教育局开办，特别为成年人在社区内提供“英语为第二语言”作课程指导。课程着重聆听、会话、阅读及写作。透过教学活动学英语以提高学生英语水平，并可以深入地了解加拿大社会结构和文化，以及生活上应用技巧。此外，我们还提供公民入籍班、英语会话班等专业课程。

成人英语班接受报名- 提供面对面上课及网课!

想了解更多相关课程资料或如何登记，请电邮到 uplands@yrdsb.ca 或 致电 905-731-9557(分机 305- Christy 中文服务)

查询。

请清楚列明以下资料:

- 你的姓，名字
- 电话号码
- CLARS reference number 学习注册编号



如从未前往测试, 申请者必须透过语言评核中心 CLARS (Coordinated Language Assessments and referrals) 预约英语能力测试，完成后，评估审核员会给予学习注册编号和听、说、读、写四个范畴的测试结果以供学生注册。如需预约 请致电语言评核中心 电话：1-855-330-8655 或电邮到 ysla@tcet.com。测试费用全免。

持有工作签证、旅游签证、访客身分则需要先致电 Uplands Learning Centre, 8210 Yonge Street, Thornhill 预约做英语水平测试。如需预约 请致电 905-731-9557。英语水平测试费用\$60(不能退还), 上课每日,每节课 \$10 收费。

想提高自己的电脑技能, 加强面试技巧, 或准备参加 GED 考试吗? 我们的基本技能进修计划(LBS) 可能适合你!

基本技能进修计划评估 - 提供面对面上课及网课!

有兴趣者请把以下资料电邮到 uplands@yrdsb.ca 或 拨打 905-731-9557 分机 307 Betty

- 你的姓，名字
- 电话号码
- 列明“想参加 基本技能进修计划”(LBS)

திறந்த பதிவு ESL, LINC & LBS வகுப்புகள் பெரியவர்களுக்கு 2020-2021

இரண்டாம் மொழியாக ஆங்கிலம் (ESL); புதியவர்களுக்கு மொழி வழிமுறை (LINC);

மற்றும் கல்வியறிவு மற்றும் அடிப்படை திறன்கள் (LBS) வகுப்புகள்

கனடாவில் அன்றாட வாழ்க்கையில் உரையாடுதல், கேட்பித்தல், வாசித்தல் மற்றும் எழுதுவதில் திறமையான மொழித் திறனை வளர்க்க விரும்புவோருக்கும் வயது வந்தோருக்கான ஆங்கிலத்தை இரண்டாம் மொழியாக (ESL) YRDSB வழங்குகிறது. குடியுரிமை மற்றும் உரையாடலில் சிறப்பு வகுப்புகளையும் நாங்கள் வழங்குகிறோம்.

ESL வகுப்புகளுக்கான பதிவு - நேரில் மற்றும் ஆன்லைன் வகுப்புகள் உள்ளன!

1. பின்வரும் தகவல்களுடன் uplands@yrdsb.caக்கு மின்னஞ்சல் மூலம் தொடர்வுகொள்ளவும் அல்லது 905-731-9557 எண்ணை அழைக்கவும்:
 - உங்கள் முழு பெயர்
 - உங்கள் தொலைபேசி எண்
 - CLARS அடையாள எண் (CLARS எண் இல்லாதவர்களுக்கு ஆங்கில அறிவு மதிப்பீடு தேவைப்படும், மேலும் உதவிக்கு எங்களை தொடர்பு கொள்ளவும்)
2. மேலும் ஆவணங்கள் தேவைப்பட்டால் எங்கள் அலுவலகம் உங்களைத் தொடர்பு கொள்ளும்.
3. கனடாவுக்கு வரும் நபர்கள் ஒரு வகுப்பிற்கு ஒரு நாளைக்கு \$10 கட்டணம் பதிவு செய்து கலந்து கொள்ளலாம்.

மதிப்பீட்டிற்கு அல்லது பதிவு செய்ய, தயவுசெய்து அழைக்கவும்: 905-731-9557

உங்கள் கணினிதிறன்களை மேம்படுத்துவதில் நீங்கள் ஆர்வமாக இருந்தால், உங்கள் வேலை விண்ணப்பத்தை அல்லது நேர்காணல் திறன்களைப் பயன்படுத்த விரும்பினால், அல்லது உங்கள் GED தேர்வை எடுக்கத் தயாராக இருந்தால், எங்கள் கல்வியறிவு மற்றும் அடிப்படை திறன்கள் (LBS) திட்டம் உங்களுக்கானது!

கல்வியறிவு மற்றும் அடிப்படை திறன் மதிப்பீடு - நேரில் மற்றும் ஆன்லைன் விருப்பங்கள் உள்ளன!

1. பின்வரும் தகவலுடன் uplands@yrdsb.ca க்கு மின்னஞ்சல் மூலம் தொடர்வுகொள்ளவும் அல்லது 905-731-9557 Ext. 307 அழைக்கவும்.

- உங்கள் முதல் மற்றும் கடைசி பெயர்
- உங்கள் தொலைபேசி எண்
- நீங்கள் "LBS (எல்.பி.எஸ்) திட்டத்தில் ஆர்வமாக உள்ளீர்கள்" என்று எங்களிடம் கூறுங்கள்

குறிப்பு: அதிக அளவு விசாரணைகள் இடப்பதால், எங்கள் அலுவலகத்திலிருந்து பதில் தகவல்தொடர்பு பெற சில நாட்கள் ஆகலாம். உங்கள் பொறுமையை நாங்கள் பாராட்டுகிறோம்.

எங்கள் வகுப்புகளில் உங்கள் ஆர்வத்திற்கு நன்றி. உங்களுக்கு சேவை செய்ய நாங்கள் எதிர்பார்த்திருக்கின்றோம்.

ثبت‌نام همه روزه برای دوره‌های ESL, LINC & LBS در سال تحصیلی
2020-2021

انگلیسی به‌عنوان زبان دوم (ESL)-اصول زبان انگلیسی برای تازه واردین
(LINC)-مهارت‌های ضروری اولیه و مهارت‌های خواندن و نوشتن شامل:
مکالمه، کامپیوتر، اعداد (LBS)

اداره آموزش و پرورش منطقه یورک کلاس‌های آموزش زبان انگلیسی
بزرگسالان را برای آن دسته افرادی که مایل هستند توانایی‌های شنیداری،
گفتاری، خواندن و نوشتن خویش را ارتقاء بخشند برگزار می‌کند. کلاس‌های
تخصصی آمادگی آزمون شهروندی (Citizenship) و مکالمه نیز برگزار می‌گردد.

ثبت‌نام در دوره‌های انگلیسی بزرگسالان به هر دو صورت مجازی و حقیقی
برگزار می‌شود.

1. در صورت تمایل لطفاً اطلاعات ذیل را از طریق پست الکترونیکی
Uplands@yrdsb.ca یا شماره تماس 9057319557 برای ما ارسال کنید.
- نام و نام‌خانوادگی.

- شماره تلفن تماس.

- شماره شناسایی CLARS (افرادی که شماره CLARS ندارند باید در آزمون
تعیین سطح شرکت کنند. برای اطلاعات بیشتر در این خصوص با ما تماس
بگیرید).

2. اگر مدارک بیشتری نیاز باشد، با شما تماس گرفته می‌شود.

3. بازدیدکنندگان کانادا می‌توانند در کلاس‌های ما شرکت کنند. هزینه ثبت نام
برای این افراد: روزانه 10 دلار به ازای شرکت در هر کلاس می‌باشد.

برای ثبت‌نام یا آزمون تعیین سطح با این شماره 9057319557 تماس حاصل
فرمایید.

اگر مایل هستید مهارت‌های دیجیتالی و استفاده از کامپیوتر خود را ارتقاء بخشید،
اگر تمایل دارید رزومه خود را ارتقاء دهید و توانایی‌های شرکت در
مصاحبه‌های شغلی خود را بهبود بخشید، کلاس‌های مهارت‌های ضروری اولیه
و مهارت‌های خواندن و نوشتن (LBS) ما شما را در این امر یاری می‌کند.

کلاس‌های مهارت‌های ضروری اولیه و مهارت‌های خواندن و نوشتن (LBS)، به
هر دو صورت مجازی و حقیقی برگزار می‌شود.

1. در صورت تمایل لطفاً اطلاعات ذیل را از طریق پست الکترونیکی
Uplands@yrdsb.ca یا شماره تماس 9057319557 برای ما ارسال کنید.
- نام و نام‌خانوادگی.

- شماره تلفن تماس.

- لطفاً تمایل خود را نسبت به شرکت در کلاس‌های LBS اعلام کنید.

قابل ذکر است به دلیل بالا بودن تعداد متقاضیان ممکن است تماس دفتر ما با
شما چند روزی طول بکشد، قبلاً از بردباری شما سپاسگزاریم.

شرکت و موفقیت شما در برنامه‌های ما ارزشمند و مایه دلگرمی ماست. منتظر
حضور گرم‌تان هستیم.

Продолжается регистрация в группы ESL, LINC (английского языка для взрослых) на 2020-2021 учебный год.

ESL-Английский Язык как иностранный.

LINC-Государственная Программа Английского Языка для Иммигрантов.

LBS-Начальный Уровень для изучающих Английский Язык.

YRDSB предлагает ESL программы для тех кто хочет улучшить навыки в понимании, разговорной речи, чтении, письме на английском языке в Канаде. Мы также предлагаем курсы по разговорной речи и подготовке и сдачи экзамена на Канадское Гражданство.

Регистрация студентов (взрослых) производится в офисе и через Интернет: uplands@yrdsb.ca. Вы также можете позвонить к нам в офис по телефону: (905) 731-9557.

1. Вам необходимо предоставить следующую информацию:
 - Ваше имя и фамилию
 - Номер Вашего телефона
 - CLARS регистрационный номер (если у Вас нет этого регистрационного номера, обратитесь к нам за помощью).
2. Наш офис свяжется с Вами, если нам потребуется дополнительная информация.
3. Если Вы гость в Канаде, Вы тоже можете зарегистрироваться и посещать наши занятия заплатив \$10 за каждое занятие.

Если Вы хотите улучшить свои навыки работы на компьютере, научиться как правильно составлять резюме и подготовиться к интервью при устройстве на работу, подготовиться и сдать экзамены в общеобразовательной школе GED, наша LBS программа поможет вам в этом.

Вы можете изучать нашу LBS программу через Интернет или у нас в школе.

1. Свяжитесь с нами по электронной почте uplands@yrdsb.ca или позвоните нам по телефону: (905) 731-9557 предоставив следующую информацию:

- Ваши имя и фамилию
- Номер Вашего телефона
- Сообщите нам если Вы хотите быть зачислены на LBS программу

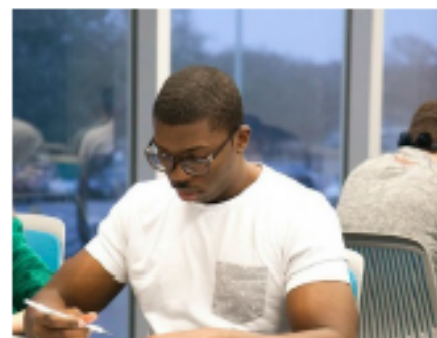
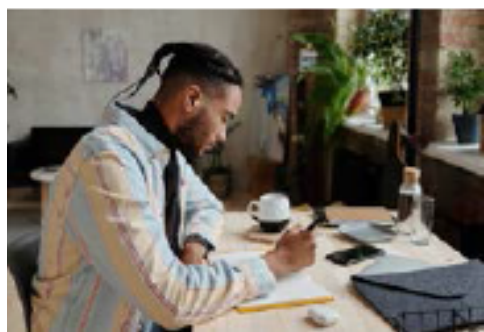
Примечание: В связи с повышенным интересом к нашим программам наш офис свяжется с Вами в течении нескольких дней.

Благодарим за проявленный интерес к нашим программам.
До скорой встречи!

COLLEGE INFORMATION WEEK



The YRDSB Graduation Coaches for Black Students, in partnership with various colleges, are hosting two College Information Nights for Black Students.



Two Nights of Information

Tuesday, January 19, 2021

Humber College and George Brown

Thursday, January 21, 2021

Seneca College, Sheridan and Centennial

[Registration](#)

Seneca



Sheridan | Get Creative

**CENTENNIAL
COLLEGE**

Upcoming Black Foundation of Community Networks Events



**Black Foundation of
Community Networks
(BFCN)**

**Scholarship
Application
Workshop**

A FREE online workshop to show Black students and their families how to search, prepare, and apply for scholarships and bursaries. If you are in high school or Grade 8, this workshop is especially for YOU!

**Friday, January 22, 2021
7 PM - 9 PM | ONLINE (Zoom)**

To participate, download Zoom and register via Eventbrite at bit.ly/BFCNWorkshopJanuary22

For more information or to share accessibility needs, contact Cheryl at info@bfcn.ca or 416-566-2731.

Learn more about our work and how to support at bfcn.ca.

Scholarship Application Workshop

BFCN invites Black students and their families to another edition of the BFCN Scholarship Application Workshop on Friday, January 22nd from 7 PM - 9 PM. Please register [here](#).

Queen's University Medical Program - Black Grade 12 Students

At Queen's the QuARMS program has five (5) spaces for Black high school students in Grade 12, to have an accelerated path to medical school. Please forward this email to your networks, to encourage young people to apply. Information about the program can be found [here](#). The applications are due on February 01, 2021. Students wishing to get more

Across Boundaries: An Ethnoracial Mental Health Centre

Across Boundaries is a mental health centre that provides a range of support and services to racialized people in the Greater Toronto Area who are experiencing mental health and/or addiction challenges. We have a holistic approach to mental health care and operate within an anti-racism, anti-oppression and resisting anti-Black racism framework. Across Boundaries acknowledges the impact of racism and anti-black racism on mental health. We believe in the empowerment of individuals in their healing journeys and in taking control of their health. Across Boundaries provides therapeutic programs including case management, counselling, psychotherapy, along with initiatives that integrate skills building, social and recreational activities, support groups, complementary therapies, art therapy, creative expressions, community kitchen, individual support, family engagement and community outreach. Services are tailored to suit the service user's needs and location. Click [here](#) for more information.



Inclusive School and Community Services Educators for Tamil Student Success of YRDSB

In Partnership with the
Tamil Canadian Centre for Civic Action ,
Toronto, Peel and Durham District School Boards
Invite all staff and service providers to join us in a discussion on

“How do we create a sense of belonging for Tamil Students in Education?”

Topics:

- How can educators develop inclusive curriculum that makes space for Tamil voices, experiences and knowledge
- Examining opportunities and barriers for Tamil youth in schools
- What are the barriers to authentic partnerships

Date: January 21th , 2021

Time: 6:00 pm to 8:00 pm

[Registration](#)

For further information please contact:

Initha Subramaniam / Performance Plus/ initha.subramaniam@yrdsb.ca

Nageswary Srikumaraguru / Community Partnership Developer/ nageswary.srikumaraguru@yrdsb.ca

Sara Leung / Equity Teacher Facilitator / sara.leung@yrdsb.ca

REMEMBRANCE RESILIENCE RESISTANCE

தமிழ்
மரபுத்
திங்கள்
2021



நினைவேந்தல் போராட்டம் எழுச்சி

**TAMIL
HERITAGE
MONTH**

Tamil Heritage Month 2021 Theme revolves around Remembrance, Resilience and Resistance: Reflecting the almost 75 years Eelam Tamils' Histories and Heritage, after the colonial rule of the European Countries.

This poster is a combination of three Images. The bottom picture is of the 2009 candlelight vigil (captured by Gana Arumugam of Ninalvukal) at Queen's Park, Toronto, Canada. The middle Image is the resting place of those who sacrificed their lives for our freedom (created by Nishan Sanjee), and the final image on the top (created by Sujee Yoga) is of Eelam, Tamils' traditional homeland. While these Images have many embodiments of meaning, all three Images together are forms of our remembrance, resilience and resistance.

The Tamils in Eelam and Canada have overcome many adversities. We have resisted and continue to resist various forms of oppression. Despite many challenges, through our resilience, we continue to grow and succeed. Most importantly, we continue to remember, as remembrance is a core part of our existence and our resistance.



The Official Poster of
Tamil Heritage Month 2021



York Region District School Board,
Educators for Tamil Student Success and
Tamil Canadian Centre for Civic Action
Celebrates Tamil Heritage Month 2021



Tamil Heritage Month is an opportunity to celebrate the resistance and resilience of the Tamil Diaspora as a collective. Tamil Heritage Month is a time for self-identified Tamil Heritage students to partake in a series of workshops and events to better understand themselves and their identities.

தமிழ் பாரம்பரிய மாதம் உலகெங்கும் பரந்து வாழும் தமிழரின் எதிர்ப்பாற்றல் மற்றும் தாக்குப்பிடித்தல் தன்மைகளை ஒருமித்துக் கொண்டாடுவதற்கான வாய்ப்பு ஆகும். தங்களைத் தமிழ் பாரம்பரிய மாணவர்களாக அடையாளப் படுத்தும் மாணவர் பட்டறைகள் மற்றும் நிகழ்வுகளில் பங்குபற்றி தங்கள் அடையாளத்தை நன்றாகப் புரிந்து கொள்ளலாம்.

இந்த மாதத்தில் தமிழ் பாரம்பரிய மாணவர்கள் ஈடுபடக்கூடிய பட்டறைகள்:
Below you will find workshops that Tamil Heritage students can engage in this month:

Tamil Womxn In Leadership Series, தலைமைத்துவத்தில் உள்ள தமிழ்ப்பெண்கள்

Dates: Every Tuesday on: January 5th, January 19th, and January 26th, 2021

Grades: 9 - 12

Time: 5:00 PM to 6:00 PM EST

Overview: This series will focus on highlighting the excellence of Tamil womxn leaders and visionaries in various different fields! Students will have an opportunity to engage and learn from incredible womxn leaders in Law, Health, Technology, and Business.

பல்வேறு துறைகளில் தலைமைத்துவம் மற்றும் தொலைநோக்குப் பார்வையுடன் உள்ள தமிழ்ப் பெண்களை முன்னிலைப் படுத்தும் தொடர். சட்டம், உடல் நலம், தொழில் நுட்பம் மற்றும் வணிகத்துறையில் மிளிரும் பெண்களுடன் தங்களை ஈடுபடுத்திக் கற்றுக் கொள்ளக்கூடிய சந்தர்ப்பம் மாணவர்களுக்குக் கிடைக்கும். இந்த சந்தர்ப்பத்தைத் தவற விடாதீர்கள்.

[Registration](#) இங்கு பதிவு செய்யுங்கள்

Our Existence is Our Resistance, எங்கள் எதிர்ப்பாற்றலே எங்கள் இருப்பு

Date: Monday January 11th, 2021

Grades: 5-12

Time: 6:00PM – 7:00PM EST

Contacts: [Momtha Sivapathasundram](#) or [Niyomi Raveenthiran](#)

Overview: A family fun workshop designed to provide an opportunity for students to learn more about their culture through food and story telling. Students and families will make their own dish through the culinary skills and guidance of the narrator, Chef Sarmel.

மாணவர் தங்கள் கலாச்சாரத்தை உணவு மற்றும் கதை மூலம் அறிவதற்கு வாய்ப்பளிக்கும் வகையில் வடிவமைக்கப் பட்டிருக்கும் கேளிக்கையான குடும்பப் பட்டறை. விபரிப்பாளரின் வழிகாட்டுதலில் மாணவர் மற்றும் குடும்பங்கள் சமையல் திறன்கள் மூலம் தங்கள் சொந்த உணவை உருவாக்குவார்கள்.

[Registration](#) இங்கு பதிவு செய்யுங்கள்

Spoken Word Workshop, பேசும் சொல் பட்டறை

Date: Tuesday January 12th, 2021

Grades: 9-12

Time: 6:00PM – 7:30PM EST

Contacts: [Momtha Sivapathasundram](#) or [Niyomi Raveenthiran](#)

Overview: An interactive workshop for students to explore themes of identity and resistance through writing and performing Spoken Word with the support of our facilitator, Spoken Word Artist Nirosha Balakumar.

வார்த்தையை எழுதுவதன் மூலமும், செய்வதன் மூலமும் அடையாளம் மற்றும் எதிர்ப்புத் தன்மையின் கருப்பொருட்களை வழிநடத்துனர் ஆதரவுடன் ஆராயும் மாணவர்களுக்கான ஊடாடும் பட்டறை.

[Registration](#) இங்கு பதிவு செய்யுங்கள்

Tamil Student Leadership Series: Navigating our Tamil Canadian Identities

தமிழ் மாணவர் தலைமைத் தொடர்: தமிழ் கனேடிய அடையாளங்களை வழிசெலுத்துதல்

Dates: Every Friday on: January 8th, January 15th, January 22nd, and January 29th, 2021

Grades: 9 - 12

Time: 5:00PM to 6:00PM EST

Overview: Tamil Student Leadership Conference: Navigating our Tamil Canadian Identities – This series is focused on acknowledging the richness of the Tamil identity, sign up for this series to learn more about Tamil excellence in STEM, Literature, Medicine, Arts and Athletics! Learn from innovative and incredible Tamils who are spearheading and challenging the norm!

தமிழ் மாணவர் தலைமைத் தொடர்: தமிழ் கனேடிய அடையாளங்களை வழிசெலுத்துதல் - இந்தத் தொடர் தமிழ் அடையாளத்தின் செழுமையை ஒப்புக்கொள்வதில் கவனம் செலுத்துகிறது. STEM (ஸ்டெம்), இலக்கியம், மருத்துவம், கலை மற்றும் தடகளத்தில் தமிழின் சிறப்பைப் பற்றி மேலும் அறிய புதுமையான, மிளிரும், வழிநடத்தும், வழமைக்கு சவால் விடும் தமிழர்களிடமிருந்து அறிந்து கொள்ளுங்கள்!

[Registration](#) இங்கு பதிவு செய்யுங்கள்

Educators Forum: “How do we create a sense of belonging for Tamil Students in Education?”

கல்வியாளர் மன்றம்: “ கல்வியில் தமக்கான சொந்தமான உணர்வை தமிழ் மாணவருக்கு எப்படி உருவாக்குவது?”

Date: January 21, 2021.

Time: 6:00PM to 8:00PM EST

Curriculum - How can educators develop inclusive curriculum that makes space for Tamil voices, experiences and knowledge?

Student Leadership - Examining opportunities and barriers for Tamil youth in schools.

Parent/ Guardian Engagement - What are the barriers to authentic partnerships?

பாடத்திட்டம் - தமிழ் குரல்கள், அனுபவங்கள் மற்றும் அறிவுக்கு இடமளிக்கும் உள்ளடக்கிய பாடத்திட்டத்தை கல்வியாளர்கள் எவ்வாறு உருவாக்க முடியும்?

மாணவர் தலைமை - பள்ளியில் தமிழ் இளைஞர்களுக்கான வாய்ப்புகள் மற்றும் தடைகளை ஆராய்தல்

பெற்றோர்/பாதுகாவலர் ஈடுபாடு - உத்தரவாதம் தரும் கூட்டாண்மைக்கு உள்ள தடைகள் என்ன?

[YRDSB Employee Registration](#)

[Public Registration](#)

Virtual Volunteering Opportunity: மெய்நிகர் தொண்டர் சேவைக்கான வாய்ப்பு:

Are you a student who is interested in community building through volunteering? Sign up by volunteering in Tamil communities-based research projects and get your community hours, for more information contact: info@tamilcivicaaction.com

நீங்கள் தன்னார்வத் தொண்டு சேவை மூலம் சமுதாயக் கட்டமைப்பில் பங்களிக்க ஆர்வமுள்ள மாணவரா? தமிழ் சமூகம் சார்ந்த ஆராய்ச்சித் திட்டங்களில் பதிவு செய்து தொண்டு செய்வதன் மூலம் உங்கள் சமூக நேரங்களைப் பெற முடியும். தகவலுக்கு: info@tamilcivicaaction.com

For general inquiries please contact: தொடர்பு

[Nageswary Srikumaraguru](#), Community Partnership Developer, ISCS, YRDSB

Mayuri Gnanendran, Program Coordinator, Tamil Canadian Centre for Civic Action
info@tamilcivicaaction.com

TAMIL CANADIAN CENTRE FOR CIVIC ACTION &
TAMIL INSTITUTE FOR LEADERSHIP EXCELLENCE PRESENTS

EELAM HISTORY DISCUSSION SERIES: *INTRODUCTION TO OUR HISTORIES*

Eelam History Discussion Series - Introduction to our Histories

About this Event

January 6, 2020 - Eelam Tamil Political Thoughts (1948-present)

January 13, 2020 - Nation Building: Untold Stories (1991-2009)

January 20, 2020 - Tamil Genocide: Education and Advocacy

January 27, 2020 - Dimensions of Eelam Tamil Identity

Please register at:

<https://www.eventbrite.ca/e/eelam-history-discussion-series-introduction-to-our-histories-tickets-128911891939>

K.A.L.V.I.
Know. Achieve. Learn. Venture. Inspire
XXXXXXXXXXXXXXXXXXXX

TAMIL CANADIAN CENTRE FOR CIVIC ACTION PRESENTS

VIRTUAL STUDENT SUPPORT

Join our weekly zoom sessions with educators and community leaders to learn new things and have fun!
Registration Free!
XXXXXXXXXXXXXXXXXXXX

Offered to Students in Grades 7&8 and High School Students:
Every Wednesday at 5pm-6pm
Registration Link:
<https://virtualstudentsupport.eventbrite.ca>

United Way Greater Toronto
TAMIL CIVIC ACTION
Funded by Government of Canada
Canada

[Click Here](#) for
more Information

From: [YRDSB Communications](#)
To: [YRDSB Communications](#)
Subject: BFCN - Kwanzaa & Cultural Celebrations - December 18 & BFCN - Scholarship Application Workshop - January 22
Date: Tuesday, December 8, 2020 4:43:07 PM
Importance: High

From: BFCN

Subject: YRDSB - BFCN - Kwanzaa & Cultural Celebrations - December 18 & BFCN - Scholarship Application Workshop - January 22

I hope you are well. I am hoping you will be able to share both opportunities with your Black students and their families.

Join BFCN for an end-of-year celebration to learn about Kwanzaa and the importance of cultural traditions on Friday, December 18 from 7:00 p.m. - 9:00 p.m.

Celebrate the start of the holiday break with an evening to remember, hosted by the phenomenal storyteller Sandra Whiting. We are also excited to welcome Kofi Morris of Holistic Foundations who will teach us about the history of Kwanzaa and practicing traditions, Yolanda Marshall who will do a book reading, and Negus Medhin of Holistic Vibrancy who will share some African drumming. There will also be games and prizes to be won!

Please share with your friends and family and encourage them to save the date. The online workshop is free but there is limited space available so please register via Eventbrite ASAP:

bit.ly/BFCNWorkshopDecember18

Also, Black students and their families are invited to join us for another online edition of the BFCN Scholarship Application Workshop on Friday, January 22, 2021 from 7 PM - 9 PM.

The workshop is offered free of charge as the goal is to share our collective knowledge so that Black students and their families can make informed decisions about post-secondary education. Note that the Scholarship Program Coordinator will also be present to answer any questions.

Please share with your friends and family and encourage them to save the date. The online workshop is free but there is limited space available so please register via Eventbrite ASAP:

bit.ly/BFCNWorkshopJanuary22

Registration via Eventbrite is mandatory in order to participate for both workshops. A Zoom link and further details will be sent to all those who register. For more information or to share accessibility needs, please contact us at info@bfcn.ca or 416-566-2731.

Please see attachments.

Kind regards,

Cheryl

Cheryl Yarde

BFCN President

[416-566-2731](tel:416-566-2731)

info@bfcn.ca

www.bfcn.ca

[Facebook](#): BFCN - Black Foundation of Community Networks

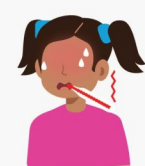
[Twitter](#): @BFCN2011

[Instagram](#): @BFCN2011



PLEASE COMPLETE BEFORE ENTERING THE SCHOOL

1. Does your child have any of the following **new or worsening** symptoms?*



FEVER AND/OR CHILLS
(temperature of 37.8°C or greater)



NEW OR WORSENING COUGH



SHORTNESS OF BREATH



DECREASE OR LOSS OF SMELL OR TASTE

IF "YES":

- Your child should stay home to isolate
- Contact your child's health care provider for further advice or assessment, including if your child needs a COVID-19 test or other treatment

2. Does your child have any of the following **new or worsening** symptoms?*



SORE THROAT OR DIFFICULTY SWALLOWING



RUNNY NOSE, OR NASAL CONGESTION
(unrelated to seasonal allergies or returning inside from the cold)



HEADACHE



NAUSEA/VOMITING AND/OR DIARRHEA,



FATIGUE, LETHARGY, MUSCLE ACHES AND/OR MALAISE

IF "YES" TO 1 SYMPTOM:

- Your child should stay home for 24 hours from when the symptom started
- Your child may return to school/child care if symptom is improving and they feel well enough (no test is needed)
- If the symptom persists or worsens, contact your child's health care provider for further advice or assessment, including if your child needs a COVID-19 test or other treatment

IF "YES" TO 2 OR MORE SYMPTOMS:

- Your child should stay home to isolate
- Contact your child's health care provider for further advice or assessment, including if your child needs a COVID-19 test or other treatment

3. Has your child travelled outside of Canada in the past 14 days?

☐ Yes ☐ No

4. Has your child been identified as a close contact of someone with COVID-19?

☐ Yes ☐ No

5. Has your child been instructed to stay home and self-isolate?

☐ Yes ☐ No

IF YOU ANSWERED "YES" TO QUESTION 3, 4 OR 5:

Your child must stay home and self-isolate for 14 days from the date of their last travel or the dates of last contact with a case. Follow the advice of York Region Public Health.

*Children who have an existing health condition identified by a health care provider that gives them the symptoms should not answer YES, unless the symptom is new, different or getting worse. Look for changes from your child's normal symptoms.

Stay safe. Stay Informed.
york.ca/covid19

114 Last Updated October 8, 2020


York Region

Dual Credit College – Quick Reference Guide



Who is eligible?

- Students in grades 11 or 12, who have a flexible timetable, ie:
Have an afternoon spare, are enrolled in Co-Op or PAE

What do we look for?

Students with the potential to succeed falling into one or more criteria:

Pathways:

- is unsure of his or her pathway beyond secondary school
- is in need of career clarification
- sees little connection between secondary school and his or her preferred future

Motivation:

- was making progress earlier, but progress has slowed
- is demonstrating a decline in achievement or marks over time
- lacks confidence in his or her ability to succeed

Disengaged:

- displays a lack of involvement or engagement in school or community activities
- has had numerous absences
- has previously dropped out or is at risk of dropping out
- is out of school but is reluctant to return to secondary school for non-academic reasons

Credit Count:

- has fewer credits than average for his or her grade and is therefore not on track to graduate on time
- is older than other students in his or her grade

Benefits?

- Earn 1 high school and 1 college credit simultaneously
- Have a wide variety of course choices appealing to a range of interests
- Learn independence, get a real post-secondary experience on a college campus and help with the transition from secondary to post-secondary education
- Tie in coursework (theory) to the Co-Op placement (practical) experience
- Free tuition, textbooks (if applicable) and transportation

How does a student apply?

- Apply online via www.yrdsb.ca/dualcredits and follow through with guidance counselor for timetable adjustment

More Info?

- Speak with a guidance counselor for a listing of courses available or speak with Steph Parent steph.parent@yrdsb.ca or David Lovisa david.lovisa@yrdsb.ca or Leo Scire leo.scire@yrdsb.ca for a classroom/school presentation

Dear parents/guardians,

As part of a partnership between YRDSB and Renewed Computer Technology (RCT), families with children enrolled in our Board have the opportunity to purchase quality-refurbished computers at a reduced cost.

Applicants must live in Ontario, have a student enrolled at the school and either receive government assistance payments or qualify as a limited income earner under the limited income cut-off standards*.

Below is a limited income grid for your reference.

Family size	Annual income*
2 people	\$30,286
3 people	\$37,234
4 people	\$45,206
5 people	\$51,272
6 people	\$57,286
7 people +	\$64,381

This year, there are two purchasing options, however, laptops will not be available at this time. There are two different desktop computers available for \$60 and \$200, including software, a two-year hardware and labour depot warranty, and delivery to your home. Please see the attached flyer for a full list of device specifications. Parents and legal guardians may apply for one computer per student, with a limit of two per household.

If you are interested in applying, please complete an online application at www.rcto.ca/outreach using the group code on the attached program flyer. The application period will remain open for the entire school year and orders will be fulfilled on an ongoing basis.

Please note - There are sections in the RCT Online Application that are no longer applicable:

- Requirement of Proof or Documentation of Income
- Requirement to participate in training prior to receiving your computer/laptop

The Section on Course of Study can pertain to elementary or secondary.

If you do not have access to a computer or the Internet, please contact the administration team at your school for assistance.

For inquiries related to the RCT application process, devices and delivery, please contact Mitch Doorey (mdoorey@rcto.ca) and for inquiries related to support from YRDSB, please contact Yvonne Kelly (yvonne.kelly@yrdsb.ca)

For more information, including complete application and payment instructions, please refer to the attached program flyer and checklist.

Sincerely,

Lisa Wargo
Principal

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If you no longer wish to receive any emails from Pierre Elliott Trudeau High School, please contact the school directly to have your email address deleted from your child's Student Information Record.